**VIRTUAL COUNSELING REFERRALS**

Attached are a list of a few counseling agencies that provide tele-counseling, tele health, and/or virtual counseling services. **Please check with your insurance carrier to see which agencies are covered under your insurance policy. You may also want to consult with your child’s pediatrician.**

Associates of Springfield Psychological ​ (**ALLOWING TELE-HEALTH AND ACCEPTING NP)**

Havertown & Springfield Locations

www.springpsych.com​

(610) 544-2110​

Bryn Mawr Psychological (**ALLOWING REMOTE THERAPY AND ACCEPTING NP)**

14 South Bryn Mawr Ave, suite 205

Bryn Mawr, Pa 19010

Brynmawrpsych.com

(610) 525-4828

Holcomb Behavioral Health (**ALLOWING TELE COUNSELING AND ACCEPTING NP)**

Upper Darby, Pa

[www.chimes.org](http://www.chimes.org/)

(610) 352-8943

 NHS Human Services        ​

 Sharon Hill, Pa

​ www.nhsonline.org​

(610) 534-3636

Child Guidance Resource Center​     (**ALLOWING VIRTUAL COUNSELING/Possible Waitlist)**

Havertown, PA ​

www.cgrc.org​

(484) 454-8700​

Delaware County Psychological Services​ (**AVAILABLE FOR VIRTUAL COUNSLEING AND ACCEPTING NP)**

Havertown & Media Locations​

www.dcpsonline.com

(610) 892-3800​

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Family & Community Services​ (**ALLOWING FOR VIRTUAL COUNSELING/ A 4-6 WEEK WAITLIST)**

Media, PA ​

www.fcsdc.org

(610) 566-7540​

The PA Department of Human Resources opened a **Mental Health/Support Line**

Beginning at 6 p.m. on April 1, they partnered with the Center for Community Resources to offer a 24/7 mental health and crisis support line for people dealing with anxiety or other difficult emotions. Callers will be able to speak with staff who are trained in trauma-informed principles and will listen, assess the person’s needs, triage, and refer to other local supports and professionals as needed.

The Mental Health Support Line can be reached toll-free, 24/7 at 1-855-284-2494.